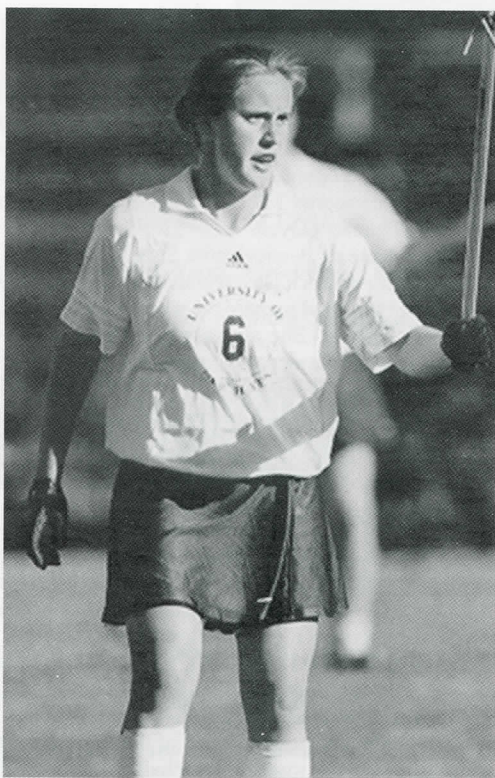


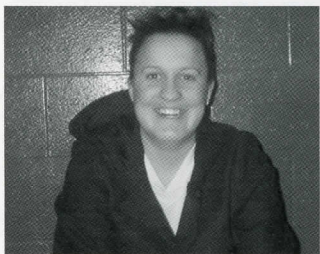
University of New Haven



**Women's Lacrosse
2004**

HEAD COACH

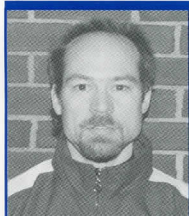
COLLEEN O'HARA



Colleen O'Hara comes to UNH following a stellar playing career at Penn State University, where she earned All-American and All-Region honors in both 2003 and 2002. A four-year letter-winner, she led the Nittany Lions in scoring for three straight seasons with 52 points on 33 goals as a sophomore, 59 points on 46

goals as a junior and 57 points on 34 goals as a senior. In her four-year career, Colleen scored 132 total goals and had 76 assists for 208 points in 69 games played.

A graduate of Pennsylvania State University, Colleen served an internship at Lock Haven University in the Fall of 2003 where she helped train and prepare the women's lacrosse team for their upcoming season. She also assisted with the day-to-day operations of the athletic department.

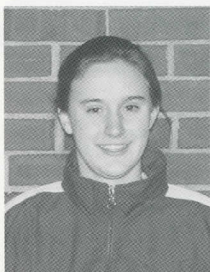


ALAN MACDOUGALL

ASSISTANT COACH

Coach MacDougall enters his fourth season as an assistant coach for the women's lacrosse team. The 1988 University of Rochester graduate served as an assistant women's lacrosse coach for the Yellowjackets for three years before moving to the New Haven area. He spent three seasons as the head coach of the Hamden High School club program. He currently runs competitively for the Hi-Tek Racing Club in the submasters category and serves as one of the four team captains while training for various triathalons including Ironman. In addition to his coaching duties, he also serves as the team's strength and conditioning coach.





Jessica Clow-Senior Newington, CT-Captain

Clow returns for her senior year as one of the high scorers from the past two seasons totaling 44 goals and 12 assists. Last year she finished second on the team with 16 goals and 7 assists. This year she looks to step right back into the attacking end and be the offensive force she has been for the past three seasons. Clow will lead the team off the field once again this year as a member of the University's Student Athlete Ad-

visory Committee and again for the second year in a row as co-captain. **Academics:** Majors in Criminal Justice - Juvenile Services. **Personal:** Daughter of Patrick and Cheryl Clow. Born May 26, 1982.

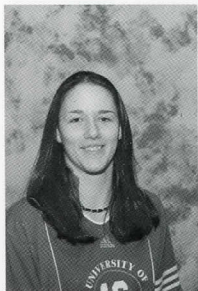
Lindsay Matteo-Graduate Southington, CT-Captain



Another player entering her final year in a Charger uniform, Matteo is a versatile player. Matteo has started every game with the Chargers and she brings not only her wealth of knowledge about the game but her committment and determination to the team. Matteo will finish this season with her Master's Degree in Education. Matteo also was named to the Intercollegiate

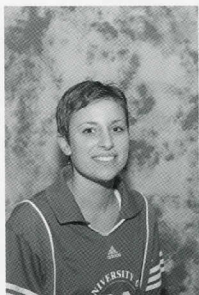
women's Lacrosse Coaches Association Academic Honor Roll formerly known as the Academic All-American award. **Academic:** Criminal Justice B.S. Secondary Education-Masters. **Personal:** Daughter of Carmen and Christina Matteo. Born April 7, 1981.

Elieen Perchinski-Junior Hicksville, NY-Captain

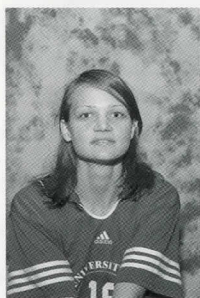


Perchinski comes off another great year as one of the New Haven's beast defenders. She led the team last year with 34 ground balls and an amazing 46 caused turnovers.. Look for Eileen to be an intergral party of starting the transition from the defensive end to the attacking end. **Academics:** Majors in Criminal Justice - Law Enforcement & Administration. **Personal:** Daughter of Robert and Margaret Perchinski. Born June 16, 1983

Steph Napp-Senior Southington, CT



Napp comes into the 2004 season with 52 career goals and 18 career assists in three season. Last season she had a team-high shooting percentage. Napp will use her experience to lead the team in the attacking end. Her shot and quick footwork make her a determined and feisty attacker who will be a stong offensive threat against any team. **Academics:** Majors in Forensic Science. **Personal:** Daughter of Richard and Joan Napp. Born April 29, 1982.



Meredith Crumley-Senior Danbury, CT

"Crum" is another one of this year's senior leaders. The past three seasons have been rough and she has not been able to play much but she comes back this season ready to finish off her career in fine style. Her heart, love, and determination for the game make her one of the most hard working players that have come through UNH. **Academic:** Majors in Criminal Justice-Law Enforcement Administration. **Personal:** Daughter of

Arne Crumley and Kimberly Landman. Born May 14, 1982.



Sandy Schmidt-Junior New Milford, CT

Sandy enters this year with a lot of experience and determination to be the best. Her left-hand makes her one of the unique players on the team, as left-handed players are extremely tough to defend since most players are right-handed. Last year she was fourth on the team in goals with 12 and tied for first with seven assists. She also had an

outstanding 27 caused turnovers last year which ranked second on the team. In 2004, Sandy looks to step right into the attacking end and be one of the leaders the Chargers will need to be successful.

Academic: Criminal Justice **Personal:** Daughter of William and Patricia Schmidt. Born March 30, 1983

2004 Women's Lacrosse Roster

Player	Yr. Pos.	Hometown
Jodi Albert	So. M	Southington, CT
Kristina Conroy	Fr. M	West Haven, CT
Stephanie Napp	Sr. A	Southington, CT
Jenny Griffin	Fr. M	Point Pleasant, NJ
Maggi Mead	Fr. D	Elbridge, NY
Jess Clow	Sr. A	Newington, CT
Lindsey Matteo	Gr. M	Southington, CT
Sandy Schmidt	Jr. M	New Milford, CT
Catherine Barry	Fr. M	Canterbury, CT
Kellie Anderson	Fr. D	Berwick, ME
Heather Miles	Fr. A	Oswego, NY
Jamie Metcalf	So. D	Sound Beach, NY
Eileen Perchinski	Jr. D	Hicksville, NY
Britt Tregear	So. M	Victoria, BC
Meredith Crumley	Sr. D	Novaro, CA
Heather Gebhardt	So. GK	East Rochester, NY
Kelly Stratton	Jr. GK	West Haven, CT
Head Coach: Colleen O'Hara		
Assistant Coach: Alan MacDougall		

2004 PREVIEW

The 2004 University of New Haven women's lacrosse team returns ten players from last season's team that posted a 6-7 record in its third year as a varsity program. This year's team will look to improve on that mark get over the .500 mark for the first time in the program's four-year history.

The 2004 Chargers welcome first-year head coach **Colleen O'Hara**, who comes to West Haven after a stellar playing career at Penn State University.

Leading the attack for UNH will be seniors **Jessica Clow** and **Stephanie Napp**. Also helping New Haven on offense will be junior **Sandy Schmidt**, sophomore **Britt Tregear** and freshmen **Heather Miles** and **Maggi Mead**. Clow, Napp, and Tregear finished last season with a combined 50 goals and 16 assists. Napp leads the trio goal-scoring with 16.

UNH will look to get strong leadership from its 2004 captains seniors **Lindsay Matteo** and **Jess Clow**, plus junior **Eileen Perchinski**.

Backboning the defense will be junior **Eileen Perchinski**, **Jamie Metcalf** and **Jodi Albert** who is making the transition from attack. Freshman **Jenny Griffin** will help complete the defensive unit. Perchinski comes off an amazing sophomore season as the leading defensive player with 46 caused turnovers. She also collected a team high 34 ground balls. Goalkeepers **Heather Gebhardt** and **Kelly Stratton** will be fighting for the starting position taking the reigns of former Chargers goalie Lisa Simpson.

Top newcomers include freshmen **Maggi Mead**, **Heather Miles**, and **Jenny Griffin**, who should quickly contribute to the Chargers success on the field.

2004 SCHEDULE

Date	Opponent	Time
Mar. 22	@ Southern Conn St University	3:30 pm
Mar. 24	FRANKLIN PIERCE COLLEGE	3:30 pm
Mar. 27	@ Bryant College	1:00 pm
Apr. 1	REGIS UNIVERSITY	3:30 pm
Apr. 3	ST. THOMAS AQUINAS	1:00 pm
Apr. 6	ASSUMPTION COLLEGE	4:00 pm
Apr. 8	@ Philadelphia University	4:00 pm
Apr. 10	@ Adelphi University	12:00 pm
Apr. 14	@ St. Anselm College	4:00 pm
Apr. 17	@ Merrimack College	2:30 pm
Apr. 20	@ American International Coll.	4:00 pm
Apr. 22	ADELPHI UNIVERSITY	4:00pm
Apr. 24	PHILADELPHIA UNIVERSITY	11:00 am
Apr. 29	C.W. POST	4:00 pm

2003 RESULTS (6-7)

Date	Opponent	Result
Mar. 13	vs. Salve Regina &	7-4 W
Mar. 16	@ C.W. Post	3-19 L
Mar. 19	@ Southern Connecticut State	12-1 W
Mar. 22	@ Philadelphia University	2-14 L
Mar. 29	ADELPHI UNIVERSITY	3-7 L
April 1	AMERICAN INTERNATIONAL	7-4 W
April 3	RHODE ISLAND COLLEGE	15-0 W
April 5	BRYANT COLLEGE	ppd.
April 10	@ Assumption College	ppd.
April 12	@ Central Connecticut State	6-9 L
April 15	WESTERN CONN. STATE	8-7W
April 17	ST. ANSELM COLLEGE	9-8 W ot
April 19	MERRIMACK COLLEGE	5-6 L
April 22	BRYANT COLLEGE	4-13 L
April 26	SOUTHERN CONNECTICUT & at Panama City, Florida	4-6 L

UNIVERSITY OF NEW HAVEN INFORMATION

School: University of New Haven
Location: West Haven, CT 06516
Affiliation: NCAA Division II
Colors: Blue & Gold
Nickname: Chargers
President: Dr. Lawrence DeNardis
Director of Athletics: Deborah Chin
Head Coach: Colleen O'Hara
Athletic Department: (203) 932-7016
Sports Information: (203) 932-7025
Athletic Training: (203) 932-7407
Sports Hotline: (203) 932-7007
Web Page: www.newhaven.edu/athletics